

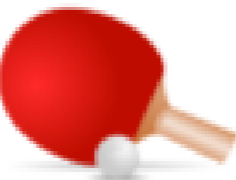


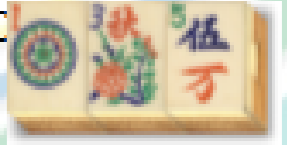


NEDLANDS AFFINITY CLUB JULY—SEPTEMBER 2017

| Monday | Tuesday | Wednesday | Thursday |
|---|--|--|---|
| <p>Monthly – Monday Movie Club Monday 17 July at 10.45am Monday 21 Aug at 3.45pm Monday 18 Sept at 10.45am</p> <p>Windsor Cinema Cnr Stirling Hwy and Dalkeith Rd The cost of the movie and food is at own expense</p> | <p>Waratah Walkers (Free) 8am departure from Dalkeith Hall</p> <hr/> <p>Pilates for Seniors Instructor: Christiane McDougall</p> <p>9.30am-10.30am Dalkeith Hall Affinity members: \$10 Non members: \$13</p> | <p>Movies @ the Old Village Cinema 10.30am—RSVP Required Jul 5/Aug 2/Sep 6</p> <hr/> <p>Zumba Gold Instructor: Viviana Soto 9.30am—10.30am Dalkeith Hall</p> <p>Affinity members: \$7 Non members: \$10 From Wednesday 26 July</p>  | <p>Yoga for Seniors Instructor: Caroline Monro</p> <p>8.30am—9.30am Dalkeith Hall</p> <p>Affinity members: \$7 Non members: \$9</p>  |
| <p>Activities are open to ALL seniors</p> <p>Nedlands Affinity Club Annual Membership July 2017 to June 2018 = \$25</p> <p>All members are entitled to discounts in all classes and events.</p> | <p>Table Tennis</p> <p>10.30am—12.30pm Dalkeith Hall</p> <p>Affinity members: \$2 Non members: \$4</p>  | <p>Nedlands Laughter Yoga Instructor: Trish Jamieson 10.30am—11.30am Dalkeith Hall</p> <p>Wednesday 12 Jul Wednesday 9 Aug Wednesday 13 Sep Affinity members: \$3 Non members: \$4</p>  | <p>Computer Support Café 10am—12 noon NCC</p> <p>Affinity members \$6 Non members \$10</p>  |
| <p>For more information Contact Marita Gardener at NCC on 9386 6170</p> <p>Email: Affinity Club positiveageing@nedlands.wa.gov.au</p> | <p>Monthly Good Company Group 1.30pm—3.00pm NCC— RSVP required</p> <p>11 Jul: NBN 8 Aug: Australia Honours system 12 Sep: Osteoporosis Affinity members: \$5 Non members \$7</p> | <p>Line Dancing Instructor: Geoff Tuke 1.30pm-2.30pm Dalkeith Hall</p> <p>Affinity members: \$7 Non members: \$10 From Wednesday 26 July</p> | <p>Mah-Jong 1. pm—3.30pm NCC</p>  <p>Affinity members: \$3.50 Non members: \$5</p> |