



NEDLANDS AFFINITY CLUB

AUGUST 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Waratah Walkers with Trish 8am - 9am  DALKEITH HALL	Pole Walking with Pam 8am - 9am  Tee Box Cafe	Yoga for Seniors 8.30am - 9.30am  DALKEITH HALL	Pilates with Props 8.15am - 9.15am  DALKEITH HALL
	Pilates for Seniors 9am - 10am  DALKEITH HALL	ZUMBA Gold 9.30am - 10.30am  DALKEITH HALL	Learn the Ukulele 10am - 11am  Hakea Room Mt Claremont	
	Table Tennis 10.15am - 12.00pm  DALKEITH HALL	Tai Chill 12.30pm - 1.20pm  DALKEITH HALL	Line Dancing 10am - 11am  DALKEITH HALL	Table Tennis 10.30am - 12.30pm  DALKEITH HALL
Annual Memberships \$30 are due 1 July 2022 Pre-paid cards for activities are available at NCC	Chair Pilates 11am - 12pm  DRABBLE HOUSE	Choir 1.30pm - 3.30pm  DALKEITH HALL		Mah-jong 1 pm - 3.30pm  DALKEITH HALL
Green (A) activity cards \$50 for 5 classes  Blue (B) activity cards \$25 for 5 classes  Yellow activities are free for everyone! 	Want to play Canasta?  Players needed! Tuesday group. Afternoons from 12.30pm - 3.30pm Let us know on the email below.	Book Club Wed 24 August 2pm - 3.30pm NCC entry through rear gate 	Mah-jong 1 pm - 3.30pm  DALKEITH HALL	

Please Note:

- Affinity Club activities are for members only
- Contact us at positiveageing@nedlands.wa.gov.au or 9386 6170.

