

Subjects of Note

Nedlands Library Service

February
to April
2018



Nedlands People

with Anthea Harris and Ro Galbraith

Residents of Nedlands haven't all been brilliant academics, medicos or politicians – although many of them have. They have come from all over the world, arriving with nothing – or with truckloads of prized possessions. Each unique story has its own fascination.

Let Anthea and Ro introduce you to some of these people who have called Nedlands home. There are so many to choose from but, you definitely will be surprised by some of the 10 or so selected for this talk.

Wednesday 7 February

10.30 am – 11.30 am

Nedlands Library

Free event, bookings essential.

Book online at nedlands.evanced.info/signup



Ro Galbraith and Anthea Harris



Essential oils – uses in cooking and for gut health

with **Claudia Pal** and **Frances Marsden**

Since becoming a mother Claudia Pal is always searching for healthy, environmentally friendly and chemical free alternatives. Claudia has embraced essential oils into her family life; using them in massages, diffusing them around the house and using them in food. Claudia has completed a course in Raw Foods.

Frances Marsden is a Clinical Aromatherapist with 20 years' experience. Frances believes that gut health is linked to many other issues that we are not aware of, such as skin conditions, stress, brain function and many other conditions. Frances will discuss how essential oils can assist with gut health and general wellbeing.

Together, Claudia and Frances will speak on:

- What is an essential oil
- How to use essential oils
- How to include oils in your food
- How easy it can be taking care of yourself naturally
- Easy recipes for you to take home.

Tuesday 20 February

10.30 am – 11.30 am

Tuart Room, Mt Claremont Community Centre
107 Montgomery Avenue, Mt Claremont

Free event, bookings essential.

Book online at nedlands.evanced.info/signup



History of trams in Perth and Nedlands with David Brown



Tramlines truly put Nedlands on the map. Broadway was designed to accommodate traffic alongside the new tramline through the bush from Subiaco to the Nedlands Baths. Other lines went along the Perth-Fremantle Road and around Mounts Bay Road.

Let David Brown, from the Perth Electric Tramway Society, share his fascination with this mode of transport and its impact on the community. David is a motorman (driver) on the trams in Whiteman Park and author of *Tracks by the Swan* (2010), a comprehensive history of the Perth trams and trolley buses.

Thursday 1 March

10.30 am – 11.30 am

Nedlands Library

Free event, bookings essential.

Book online at

nedlands.evanced.info/signup



The Library Within workshops

with Alana Marshall

Alana Marshall's passion for everything biblio-related led her to begin writing her blog The Library Within. This has served as an expression of her enchantment with literature, libraries, lifelong learning and the engagement provided by the insight and words of others.

Join biblio-enthusiast Alana Marshall over a series of three workshops.

Workshop 1: Bibliotherapy: healing the soul through literature

Tuesday 6 March, 10.30 am – 11.30 am

From the first libraries in ancient Egypt and Greece, described as “temples to heal the soul”, it was understood that literature has a profound effect upon the heart and intellect of the reader, allowing a deeper understanding of human nature and its conditions.

This first workshop will explore the history of bibliotherapy, its applications and benefits, some methods and techniques.

Workshop 2: Applying Bibliotherapy to Your Daily Life

Tuesday 13 March, 10.30 am – 12 pm

The second workshop in this series is where we will open our personal reading histories and share the books that have most impacted and influenced our lives in a connected group setting. We will explore how books can be used to know and understand yourself better, as well as strategies for putting your reading time to best use, and some literary recommendations for guiding your personal development journey.

Workshop 3: The Philosophy of Reading

Tuesday 20 March, 10.30 am – 11.30 am

The third workshop in this series will tap into techniques, including mindful reading and connecting with your inner storyteller, as well as considering strategies for building reading into your life as a productive and powerful habit and ways to record your literary expeditions as a way to facilitate personal reflection and growth.

All workshops will be held at the Nedlands Library.

Free workshops, bookings essential at nedlands.evanced.info/signup as there are only 12 spaces available for each session.



The Cat's Miaow

by Jacqueline Perry-Strickland

In *The Cat's Miaow*, sequel to *The Magpie's Nest*, Ruby Sullivan, matriarch of The Magpie's Nest costumers on Queen Street, Perth, must recover a gown of green velvet, crystals and ostrich feathers that has been stolen from her shop. A dramatic and superstitious sort, Ruby believes Esmeralda – her name for the gown – is enchanted and linked to a death at His Majesty's Theatre in the 1960s.

Readers join Ruby on her quest to find the culprit, tripping through the streets of Perth, Barcelona, Montreal and London, with the dramatic conclusion playing out at the Maj during February's international arts festival. It's a ride that explores coincidence and superstition, and the very fine line separating the two. Who will be the next to fall under Esmeralda's spell?

As with her novel, Jacqueline Perry-Strickland will infuse her talk with elements of the Argentine tango, a dance she came to learn and love here in Perth after having travelled the world.

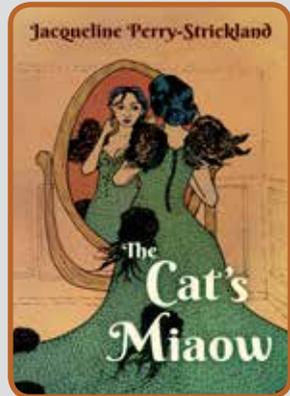
Tuesday 10 April

6.30 pm – 7.30 pm

Nedlands Library

Free event, bookings essential.

Book online at nedlands.evanced.info/signup



A reflection of how UK placenames have influenced Nedlands

with His Worship the Mayor Max Hipkins

Come and see pictures of the places in Great Britain that have inspired names of streets and suburbs in Nedlands. These names reflect the attachment to a homeland, the prestige of a Royal residence, the excitement of the City of London and more...

Join us and the City's Mayor, His Worship the Mayor Max Hipkins, to celebrate the *Our culture, our heritage* theme of this year's National Trust Heritage Festival as we explore the influence that places in the UK have had on the heritage and culture in Nedlands. From Swanbourne in England, which is about as far from the beach as anywhere there can be, to Dalkeith in Scotland where earnings are below average – and many places in between.

Wednesday 18 April

10.30am – 11.30am

Nedlands Library

Free event, bookings essential.
Book online at nedlands.evanced.info/signup



| Nedlands Library opening hours | |
|--------------------------------|-------------------|
| Monday | 9.30 am – 6.00 pm |
| Tuesday | 9.30 am – 8.00 pm |
| Wednesday | 9.30 am – 8.00 pm |
| Thursday | 9.30 am – 8.00 pm |
| Friday | 9.30 am – 6.00 pm |
| Saturday | 9.00 am – 1.00 pm |
| Sunday | 1.00 pm – 5.00 pm |

| Mt Claremont Library opening hours | |
|------------------------------------|--------------------|
| Monday | 9.30 am – 7.00 pm |
| Tuesday | 9.30 am – 6.00 pm |
| Wednesday | Closed |
| Thursday | 9.30 am – 6.00 pm |
| Friday | 9.30 am – 5.00 pm |
| Saturday | 9.00 am – 12.00 pm |
| Sunday | Closed |

This brochure is available to people with disability in alternative formats upon request. Printed on Australian-made 100 per cent recycled paper.

Nedlands Library

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