

22 November 2019

Nedlands Volunteer Resource Centre salutes carers on International Volunteer Day – Bethesda Health Care

December 5 is the day the tables turn and volunteers who freely give their time to care for others, will take centre stage.

According to the City of Nedlands Volunteer Resource Centre, located upstairs at the Nedlands Library, many organisations throughout Western Australia depend on the dedication, energy and kindness of volunteers to provide much needed services.

One such group is Bethesda Health Care, a not-for-profit organisation with a strong volunteer cohort who generously give their time to enable the hospital to deliver a high quality healthcare experience for patients. Jessie Tan leads a dedicated team of approximately 80 people including musicians, Reiki therapists, consumer representatives and therapy dogs – all ready to assist Bethesda's patients.

Jessie says palliative care support remains integral to the patient experience and volunteers can play an important role in this area.

“Volunteers keep patients company, talk with them, read to them, assist with making tea or coffee at mealtimes and take patients out to the garden for regular breaks.

“Being admitted to hospital for surgery can often be daunting so volunteers provide a ‘Meet and Greet’ service where patients are welcomed and orientated to their ward and rooms.”

Bethesda welcomes volunteers from all walks of life who are looking to give back to the community by making meaningful engagements. This year alone, Bethesda volunteers have given 3,442 hours (144 days) of their time.

The City of Nedlands' Volunteer Resource Centre's pop-up information sessions are held at the Grove Library every Monday 12-3pm; Subiaco Library every Wednesday 10.30am-1.30pm and Claremont Library every Friday from 10am-1pm.

To make an appointment, call Robyn Forrest, Coordinator Volunteering Services on 9273 3640 or email volunteering@nedlands.wa.gov.au

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About the City of Nedlands

The City of Nedlands is situated 7km from Perth and stretches from the banks of the Swan River to the edge of the Indian Ocean. A population of more than 21,000 lives in the suburbs of Nedlands, Dalkeith, Mt Claremont, Swanbourne, Karrakatta and parts of Floreat and Shenton Park.

For further information please contact communications@nedlands.wa.gov.au or 9273 3500